



Healthy Montgomery Steering Committee Meeting
Virtual via Zoom Meeting
March 4, 2024
Meeting Minutes

Members and Alternates Present: Dr. Kisha Davis, Susan Emery, Leslie Graham, Amy Lindsey, Gina Maxham, Kimberley McBride, Kathy McCallum, Nguyen Nguyen, Tim Burns, Judi-Lei Hernandez, Diana Saladini, Monique Sanfuentes, Cristina Sasaki, Stephanie Iszard, Jacquelyn Williams, Patrica Rios, Monika Driver, and Kate McGrail.

Healthy Montgomery Staff: Elizabeth Beck, Rita Deng, Chunfu Liu, Meghan Sontag, and Kiera Abdul.

Guests: Angeline Bell, Janet Lavallo, Devlon Nicole Jackson, Samila Aryal Bhattarai, Haley Lee, Maura Canavan, Muhammad Hasan, Crystal DeVane Wilson, Arlee Wallace, Becky Smith, Tara Clemmons Johnson, and Karen Gutierrez.

Topic/Presenter	Key Points	Action Item/ Responsible Person
Welcome, Opening Remarks, Introduction of New Member Representatives <i>Dr. Kisha Davis</i>	<ul style="list-style-type: none"> • The meeting was called to order at 4:02 p.m. • Dr. Davis welcomed all attendees and shared various updates. • Attendance was taken and quorum (50% of membership plus 1) was present. 	
Healthy Montgomery Data Dashboard, Brief Discussion <i>Ms. Elizabeth Beck, Ms. Rita Deng, Ms. Kimberley McBride</i>	<ul style="list-style-type: none"> • The contract with Conduent is in process of being finalized. Once the contract is sent to the Office of Procurement for execution, it will take approximately 4 weeks to finalize the contract. Aiming to begin building the dashboard in May. • An example of Calvert County’s data dashboard (that Conduent manages) can be seen at this link: https://www.healthycalvert.org/demographicdata?id=1248 • We will provide a demo of the dashboard once it is available. • Data indicators will be updated automatically from Conduent. The full list of indicators was shared in the meeting chat. • Ms. Rita Deng and Ms. Kimberley McBride both shared why the dashboard is important to their work and the community. 	
Black Infant Mortality Presentation	<ul style="list-style-type: none"> • Ms. Becky Smith, Ms. Angeline Bell, and Ms. Arlee Wallace presented on black infant mortality data, recommendations from the Fetal Infant Mortality Review Board, Babies Born Healthy Program, and the SMILE program. Slides from each presentation are provided starting on page 3. 	

<p><i>Ms. Becky Smith, Ms. Angeline Bell, & Ms. Arlee Wallace</i></p>		
<p>Community Health Improvement Plan (CHIP)/MAPP Subcommittee Update <i>Ms. Elizabeth Beck</i></p>	<ul style="list-style-type: none"> • CHNA Full Report, Executive Summary, and Infographics (including translated versions) are available on the Healthy Montgomery website. Here is the link. • CHNA Townhall for stakeholders was held on February 21. We had close to 80 registrants and 50 attendees. Slides and follow-up to questions was sent out after the presentation. Slides can be viewed online here. • Up next: CHNA Community Partnership Summary. This will be available online and in print. Translated copies will be available. Currently going through final edits with graphic designers. • Working to schedule podcast/talk show interviews to share the CHNA. Materials will be available soon. • For the CHIP: <ul style="list-style-type: none"> ○ Five community info sessions are scheduled in April at libraries across the county. Final details will be wrapped up this week and information will be shared. Please stay tuned. ○ Residents will either complete an online survey or attend an in-person session to prioritize significant health needs. Online survey will be available translated in Amharic, Chinese, French, Korean, Spanish, and Vietnamese. ○ Results from sessions will be analyzed and the MAPP/human-centered design process will continue. ○ Residents who attend an in-person session will receive a \$25 grocery store gift card. 	
<p>Governance Workgroup <i>Ms. Leslie Graham</i></p>	<ul style="list-style-type: none"> • The first meeting is March 25th. Expecting 3-4 meetings with work by e-mail between. • Purpose is to rewrite the HMSC charter to clarify role and responsibilities of HMSC, membership, procedural and governance activities. We will get HMSC input throughout the process. • Each jurisdiction in Maryland must have a LHIC. HMSC is that for MoCo. In that role, HMSC oversees the CHNA and CHIP processes. In the revised charter, we will clarify the specific responsibilities and authority. • Beyond that, HMSC has latitude to define ourselves. However, HMSC does not have control over any funds. HMSC was formed as a coalition to bring together and harness the activities across many governmental agencies, nonprofits, and other organizations. In essence to find ways we can improve health by being better together. • For questions or suggestions, please email Leslie and Elizabeth. 	

September In-Person Meeting Planning <i>Dr. Kisha Davis</i>	<ul style="list-style-type: none"> • Dr. Davis shared that members will vote on a meeting location in the follow-up survey, linked HERE. 	
Member Updates <i>Healthy Montgomery Steering Committee Members</i>	<ul style="list-style-type: none"> • No updates were shared from Healthy Montgomery members. 	
Wrap up/Adjourn	<ul style="list-style-type: none"> • The meeting was adjourned at 5:25 p.m. The next Healthy Montgomery Steering Committee meeting will be Monday, May 6, 2024, from 4-5:30 p.m. via Zoom (link is forthcoming). 	

Infant Mortality in the Black/African Diaspora Community in Montgomery County – Becky Smith



Improved Pregnancy Outcomes Program
Babies Born Healthy Program
S.M.I.L.E. Program

Infant Mortality in the Black/African Diaspora in Montgomery County

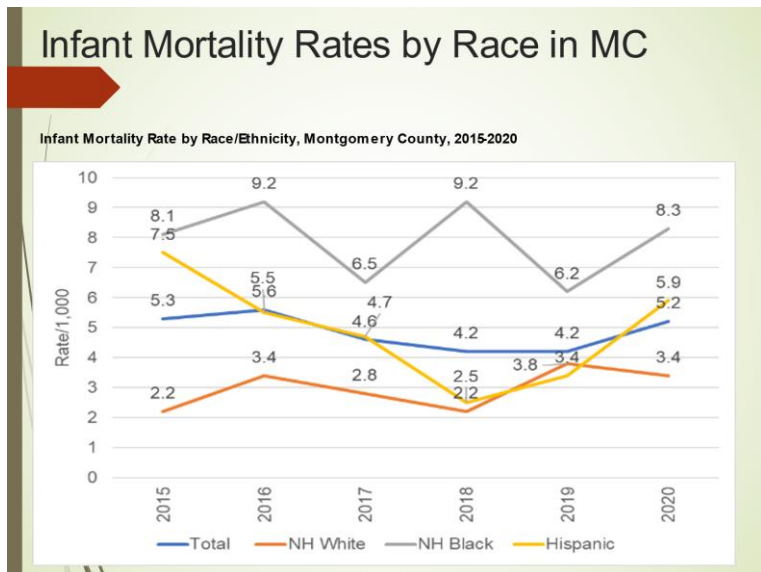
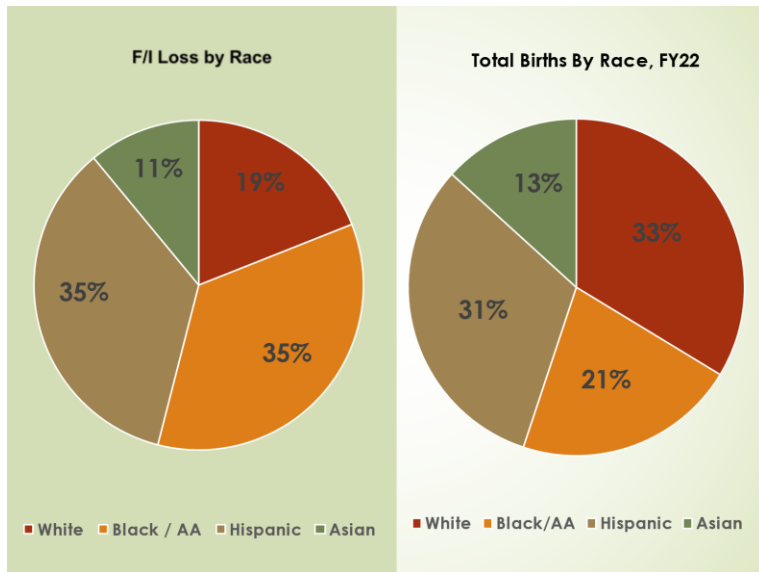

Healthy Montgomery, March 4, 2024

Becky Smith, Sr Administrator, MCH Programs rebecca.smith@montgomerycountymd.gov

FIMR: KEY CHARACTERISTICS OF FETAL/INFANT LOSSES in MONTGOMERY COUNTY, 2022

Montgomery County had 70 losses (45 fetal & 25 infants) in 2022

- Highest # of losses: East County/Silver Spring, Germantown, Rockville
- Insurance Status: (all births: 55% Private, 40% MA, 5% other)
45% privately insured, 48% Medicaid, 7% were SelfPay/Other
- Mother's Age: Ranged from 18-48 years old (all births: 32% > 35 years)
< 20 years: 3%; 20-29 years: 28%; 30-39 years: 56%; 40 years or more: 13%
- Prenatal Care Status : (all births: 7.2% had late or no prenatal care)
1st Trimester: 46%; 2nd Trimester: 16% ; Late or No PNC: 16%; Unknown: 22%
- Race/Ethnicity: all births: (White: 33%; Asian: 13%; AA/Black: 21%; Hispanic 31%)
Non-Hispanic White: 19%; Asian: 11% NonHispanic Black: 35%; Hispanic: 35%



IMPROVED PREGNANCY OUTCOMES PROGRAM FIMR BOARD & COMMUNITY ACTION TEAM

OUR MISSION

Increase healthy pregnancy outcomes for all women in Montgomery County & address related racial disparities by improving healthcare systems & community resources.

Fetal Infant Mortality Review Board and Community Action Team

- Studies all Fetal/Infant deaths and identifies social determinants and non-medical factors that contribute to pregnancy losses in Montgomery County, MD.
- Recommends ways to modify factors that contribute to poor pregnancy outcomes.
- Serves as advisory & advocacy group created to carry out recommendations.

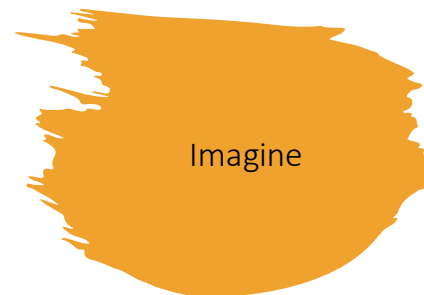
FIMR BOARD RECOMMENDATIONS

- Encourage healthcare providers to refer to SMILE or BBH programs
- Encourage birthing persons to "Speak Up!" to their providers
- Promote birth spacing and preconception care
- Encourage Safe Infant Sleep
ABCs: Alone, On Back, in a Crib, Don't Smoke
- Promote fetal kick counts education
- Use social media to highlight disparities in birth outcomes
- Ensure better access to Family Planning clinics
- Encourage movement and healthy nutrition

Babies Born Healthy – Angeline Bell

Babies Born Healthy

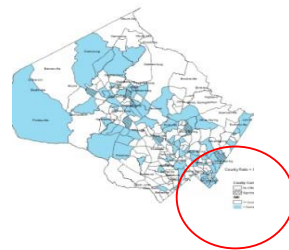
Working To Support Black Mothers, Black Birthing People, and Black Infants in Montgomery County, Maryland



While Montgomery County is known to be very affluent, there are wide health disparities that exist here, many of which are concentrated in specific areas of the County.

Babies Born Healthy targets those areas with the highest rates of infant mortality and racial disparities in infant mortality. We serve pregnant Black women who receive Medicaid, focusing on the southeastern part of Montgomery County.

© 2. Infant Mortality Rates by Census Tract, Montgomery County, 2008-2017



WHO WE ARE:

Meet the **TEAM**

<p>ANGELINE BELL, RN Nurse Manager, Program Coordinator</p>	<p>CRYSTAL TRENT-PAULTRE, RN Community Health Nurse</p>	<p>KATHY AWKARD, RN Community Health Nurse</p>
<p>WHITNEY DULA, IBCLC Lactation Consultant Health Educator</p>	<p>EYORUSALEM "SAALEM" MIETEIKA Community Health Worker</p>	<p>PATRICE LOVE Community Health Worker</p>





Educational Methods

- Home visits by Registered Nurse, Community Health Worker and/or Lactation Consultant
- In-person classes (monthly)
- Virtual classes (monthly)
- Phone calls, text messages
- Social media
- BBH Program Guide details topics to be covered and when and are done so according to the March of Dimes *Becoming a Mom* Curriculum



* dates and activities subject to change

Month	Awareness Topic	Zooms	Date:	Content Class	Facilitator	Date:
January	Birth Defects/ Cervical Cancer	Birth Defects/ Newborn Screening	1/12/2024	Newborn Care Class (Fenton)	Lynette Salem	1/24
February	Heart Health	HTN & preeclampsia	2/9/2024	Childbirth Class (Fenton)	Crystal Argentine	2/17
March	Nutrition Month	Healthy Eating in Perinatal Period & Gestational Age	3/8/2024	Breastfeeding Class (Fenton)	Whitney	3/16
April	Minority Health/ Health Disparities	n/a Wellness Walk	n/a	Postpartum Care Class (Fenton)	Crystal Whitney	4/20
May	Mental Health Month	Identifying PMA/DM/ Mental Health	5/10/2024	Newborn Care Class (Fenton)	Salem Lynette	5/18
June	Occupational Safety	Infant & Child Safety Vaccines	6/8/2024	Childbirth Class (Fenton)	Crystal	6/16
July	Fibroids Awareness	Childcare Planning (HHS FY)	7/13/2024	Postpartum Care Class (Fenton)	Crystal Whitney	7/21
August	National Breastfeeding Month	n/a Right From the Start	n/a	Black BF Week Event (if class sub)	Whitney	8/29 T
September	Infant Mortality Awareness	Carseat Safety	9/14/2024	Newborn Care Class (Fenton)	Lynette	9/22
October	Safe Sleep Month	Safe Sleep	10/12/2024	Childbirth Class (Fenton)	Salem	10/20
November	Prematurity Awareness Month	Problem Labor and Warnings	11/08/2024 (Thurs)	Breastfeeding Class (Fenton)	Whitney	11/15



Teaching Points

AS DETAILED IN BBH PROGRAM GUIDE

1. Nutrition: Prenatal Vitamins, Hydration, WIC
2. Smoking, Drugs and Alcohol
3. Intimate Partner Violence
4. Warning Signs of Pregnancy
5. Fetal movement
6. Importance of Breastfeeding
7. Signs of True Labor
8. Safe Sleep
9. Post-Birth Warning Signs
10. Gather Delivery Information
11. Family Planning/Child Spacing

Community Events and Outreach

- Annual Black Maternal Health Week Event
- Annual Black Breastfeeding Week Celebration
- Right From the Start- Community event focusing on pre/inter conception, pregnancy, and postpartum health
- Growing Up Healthy: Child Health and Safety Fair Community event focusing on infant and child health and safety
- Biannual Wellness Walk for BBH Clients featuring prenatal yoga and mindfulness activities
- Safe Sleep Month Community Outreach



This annual event is a collaborative effort with Montgomery County Early Childhood Services, African American Health Program and the Improved Pregnancy Outcomes Program to help educate Black women about perinatal health & wellness and improve their pregnancy and postpartum outcomes via education, empowerment and community support.

SAVE THE DATE!
AUGUST 17, 2022 - WHITE OAK REC.
Learn about our programs
RIGHT FROM THE START

Right from the Start

First Growing Up Healthy

Community Outreach




Safe Sleep Education

Back is Best! Teaching the ABC's of safe sleep to moms in the community

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Successes

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2023 AWHONN CONVENTION
 COME SEE ME!

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Montgomery County

Solidarity for Health Equity Awards

We were named one of the winners for the Health Equity Awards due to our work in dismantling barriers for County residents.



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Data Collection

- Delivery Information Form
- Postpartum Survey at 2 weeks, 1 month, 3 months and 6 months (incentives given)
- Program Evaluation at 6 months (incentive given)



Contact Info

- Angeline Bell, Program Manager: 240-777-3118
Angeline.bell@montgomerycountymd.gov
BBH@montgomerycountymd.gov



SMILE Program – Arlee Wallace

**PRESENTING:
S.M.I.L.E.
START MORE INFANTS LIVING
EQUALLY, HEALTHY**

Target Population/Referral

African American Health Program

Mission.
To eliminate health disparities and to decrease the high rate of Black infant mortality and improve the likelihood of good pregnancy outcomes among Black women in Montgomery County.

Criteria

- Must be a woman of African descent
- Must reside in Montgomery County
- Not be apart of any other Maternal and Infant health program by MoCo DHHS.
- Insurance status is not a factor

Referrals into SMILE

- Via word of mouth
- Community Outreach Events
- County referrals
- Need more referrals from Family medicine and OB offices

Referrals from SMILE

- Working relationship with HHS for social services
- Referrals to support networks for social determinants of health (e housing, WIC, Manna Food Bank, etc.
- To OB's and Pediatricians to ensure a medical home
- Follow-up and track visits to OB.

WHAT IS S.M.I.L.E?

START MORE INFANTS LIVING EQUALLY, (HEALTHY)


- Nurse case management of mothers & infants .
- Childbirth & breastfeeding education classes .
- Ongoing breastfeeding support after delivery .
- Customized referrals to public & private community resources .
- Support groups & networking opportunities .

PROGRAM IS FREE!


ACTIONS!

- We do monthly home visits throughout the pregnancy & until the baby reaches their first birthday.
- We work with clients to set realistic goals for breastfeeding.
- We provide education & guidance regarding pregnancy changes/newborn care.

Breastfeeding Support Circle




Come on the Zoom with your breastfeeding questions!




Mommy Chat

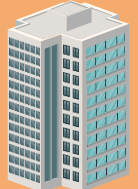
Virtual conversation about community resources and parenthood.



Educating Clients




Childbirth Expectations
Feeding Newborn
Reproductive Health
Maternal Nutrition
High-Risk Pregnancies



AAHP ADDRESS
1401 ROCKVILLE PIKE #420, ROCKVILLE MD 20852


WALK-IN CLINIC

LOCATED AT THE ROCKVILLE OFFICE

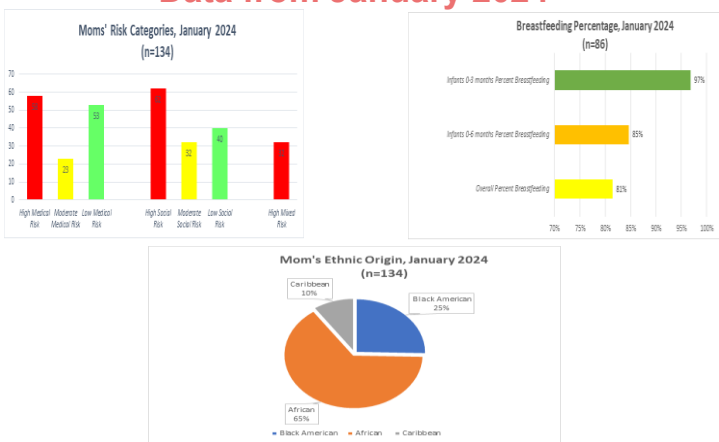


ASSISTANCE WITH:

- *NEWBORN CARE
- *BREASTFEEDING
- *PERSONAL NURSE CONSULTATION IN OFFICE.



Data from January 2024



CONTACT/FOLLOWUSFORMOREDETAILS!



THANK YOU!

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QUESTIONS?

